

McCain Athletics Networks

Reporting Template



SECTION 1: Network Details

Reporting Period	1 st April – 30 th June
Name of Athletics Networks	South Yorkshire Athletics Network
Number of clubs involved/benefitting from the work of the Network.	10
Name of Network Chair/primary volunteer contact	Steve Gaines
Email address for chair/primary volunteer contact	SandJGAINES@aol.com
Name of Network coordinator/activator (if applicable)	Ashley Little
Email address of Network coordinator/activator (if applicable)	Ashley.little@sysport.co.uk
Please confirm role of person completing this form	Network Development Officer
* If you answered 'NOT Coordinator or Chair' in Q8 please give your name here	
* If you answered 'NOT Coordinator or Chair' in Q8 please give your role within the Network here	
* If you answered 'NOT Coordinator or Chair' in Q8 please give your email address here	

SECTION 2: Coaching

What have you delivered in the quarter you are reporting on in regards to the 'COACHING Objective'.

E.g. Do you have a strategic coaching sub-group? Do you have a mentoring/buddying scheme? Do you have coaching delivery forums/workshops for specific event groups or disciplines?

The Coaching Sub group have met once within the last quarter, to update on their current delivery of year 1, and also to finalise their section of the year 2 plan. The sub group have provisionally booked venues for their year 2 workshops and have a poster drawn up to enable coaches to put dates in their diaries if year 2 is approved at the panel meeting. The sub group also decided to run their meetings quarterly instead of bi-monthly, as the agenda discussions seemed to be less full with bi-monthly meetings. Email communication and telephone communication is still to occur to enable projects are delivered continually and to a high standard to maximise impact.

The network ran their last coach development workshop which was focussing on disability. The Children with Coordination difficulties workshop ran on Wednesday 29th June with 14 people attending. The workshop was delivered by Jo Roberts, Advanced physiotherapist from the Ryegate Children's Centre. This is a local deliverer, and has enabled coaches to access after course support as and when needed. The workshop aimed to give coaches an insight into the motor difficulties of mainstream school children with Coordination Disorders, Autism, Asperger's Syndrome and ADHD. The workshop discussed some theoretical background behind these conditions and some practical aspects as well as having an open discussion on how to make coaching sessions inclusive to this group of children. The course was very popular, and showcased the need for supporting coaches with disability knowledge, to enable clubs to be fully inclusive. The presentation, hand outs and resources from the workshop are available to coaches through the SYAN website : www.syanet.co.uk

The group also delivered their discus flying coach session, which took place on Thursday 23rd June at Dorothy Hyman Stadium. 5 Coaches attended this session that all provided a lot of positive feedback, were grateful they were able to learn about one of the throwing disciplines that is becoming increasingly difficult to coach and found the information they received and questions they could ask very beneficial in developing their own coaching.

The network have begun discussing running network training sessions that athletes from any club can attend, utilising network club coaches. A draft document has been drawn up with the network group and coach sub group to look more in-depth at it over the next quarter.

In this quarter 2 coaches completed the delivery of the sport unlimited project in Sheffield, with 30+ students engaged in one hour a week, over the 8 week period. Students were given a network club poster in the last week of the programme, providing them with exit routes into clubs, which many were interested in.



	<p>As the network had some underspend, the sub group requested 2 more athletics 365 coach packs for each club with a junior section. This was because the club coaches had found the one coach pack received in the previous quarter a very good resource, and were trying to implement it within their sessions, although juggling one resource between 5-10 coaches is difficult. The network purchased an additional 14 coach packs, therefore there are 21 athletics 365 packs across the 7 junior section clubs in the county. This has increased the implementation of athletics 365 within the clubs.</p> <p>In this quarter the network also organised their own LIRF course alongside Debbie Beresford. After gaining information on the demand of a LIRF course within the county, the coordinator and chair arranged a date and venue free of charge for the course to run. Debbie then assigned tutors to deliver the course, with 23 delegates signing on to the course in a 4 week period. The course ran on Sunday 26th June at Newfield School, Sheffield and the newly qualified coaches were delighted to have had a locally organised course that was at a convenient venue and date for them. The network is going to look into organising more locally arranged coach education courses to enable local coaches to access convenient courses for them, as the network utilises information from the sub groups to determine when to run the courses to ensure maximum take up.</p>
<p>Over the life of the Network what impact has the work of the Network in relation to COACHING had upon the clubs? E.g. Does each club have a lead coach/coaching coordinator? Have the clubs within the Network implemented/update their coaching structure? Has there been a perceived improvement in the standard of coaching within the clubs? Have the clubs been able to recruit more coaches or retain coaches for longer as a result of the Network?</p>	<p>Each club within the network has a dedicated coaching coordinator who attends the coaching sub group quarterly meetings as well as communicating via email and telephone in between the meetings. The clubs coaching coordinators have contact details to communicate to their coaches which has made it easier to pass on CPD opportunities, as well as the network coordinator having a SYAN coach database & distribution list to enable direct contact with coaches regarding upcoming opportunities, support and provision.</p> <p>By conducting the network coach audit, it has allowed a database of coaches to be developed, in which the network development officer can directly contact coaches regarding upcoming personal development opportunities, which has allowed a consistent and concise approach on behalf of the network. The coordinators database keeps growing with young leaders, and SY coaches from outside the engaged network clubs who are attending the workshops provided by the SYAN. Through the partnership between the network and the CSP the network workshops have been opened up to gain some additional income. The CSP has a big database of coaches and volunteers who get informed about upcoming network organised courses, this providing income opportunities for the network.</p> <p>The network clubs have all completed a coach matrix, enabling them to analyse their coaching structure, and identify any gaps within their structure. This will enable the network to develop club sharing of coaches and to allow the network to recruit new coaches. All clubs with juniors have also been provided with three athletics 365 coach packs, so clubs can begin to look at their current coaching structure, and begin implementing the programme either within their current structure, or how they can adapt into a new structure.</p> <p>Through the young coach mentoring scheme, Doncaster AC are recruiting and retaining more coaches for longer.</p> <p>Through the coach development workshops and flying coach visits, coaches have been up-skilled in particular event disciplines, and have shown a considerable perceived improvement at their club. They have also provided coaches with an increased confidence, which can be perceived when watching their sessions. By providing local CPD opportunities and the courses being recognised on their coach licenses, coaches feel more valued, and have been more committed to supporting clubs and showing their support & help for network events.</p>

SECTION 3: Club Structures

What have you delivered in the quarter you are reporting on in regards to the 'CLUB STRUCTURES Objectives'.

E.g. Do you have a Strategic Club sub-group (or similar)? Do you have a separate Volunteer Coordinator sub-group (or similar)? Have you run sessions/workshops on Clubmark? Have you run sessions/workshops on Community links? Have you run sessions/workshops on Whole Club Development? Have you run sessions/workshops on Club Structures? Are recruiting and developing Club Volunteers?

All 6 track and field clubs have a coaching coordinator who is the clubs representative at the coach sub group meetings. This allows club coaches to directly influence the direction of workshops and seminars which the network will host. It also enables effective communication pathways to be used to publicise upcoming workshops, courses and any other opportunities.

On the 20th of April the network launched their running sub group. The aims of the group are:



- To raise club capability, through the delivery of courses and support for club coaches, volunteers and officials; to seek to develop the all-round quality of provision within clubs in the network.
- To work with clubs and others to improve participation rates, both young people and adults, in athletics.
- To improve the quality of intra and inter club competition.

The running sub group had 4 running club representatives at the launch, with a few apologies from other clubs. It also included 2 SYCAA reps, Run England Coordinator Sheffield and the SYAN chair. The launch consisted of a presentation on the network, and its work and impact to date followed by a presentation on Run England. The last part of the evening was to develop their own projects to be put into the year 2 plan. Which were then put into the year 2 plan which was submitted at the end of April.

All clubs are club marked and therefore no workshop is required on club mark at the moment. Although, the running sub group is waiting for the adult club mark to be launched so the clubs involved can begin to apply for it. When the adult club mark is launched the network will look to deliver a club mark workshop to up skill running clubs on what it is, and what they are required to do. Doncaster AC have been successfully reaccredited and handed their new certificate, with Rotherham beginning the reaccreditation process. Doncaster AC has allowed network clubs access to their club mark folder, to develop club sharing practises, as well as other clubs being open with their club mark folder too.

The county sport partnership that is hosting the coordinators post ran a Steps to Inclusion workshop, which clubs across the network were able to access, and with some coaches attending both sessions.

The Network delivered a Children with Coordination Difficulties workshop which enabled club coaches to be up skilled within disability, providing the coaches with more information on how to adapt their coaching sessions to be fully inclusive. Enabling more clubs in SY to be able to include disabled athletes into their mainstream coaching sessions.

The network has also developed its own template for an induction pack for parents to enable them to be inducted in tot the club as well as their children. Which engages them in the club, and it is more likely for them to want to support the club. The coordinator is working with the running clubs who don't have an induction pack/ sheet to develop their own.

The network coordinator and network chair have attended an information session given by the CSP on the new sport maker's initiative. The network coordinator has also provided the CSP officer with the potential volunteering opportunities sport makers can access from network clubs and the network itself.

Over the life of the Network what impact has the work of the Network in relation to CLUB STRUCTURES had upon the clubs?

E.g. Do clubs have:

- a volunteer coordinator?
- Clubmark?
- Development and/or Business plans?
- Clearly articulated vision?

Have clubs updated or implemented induction processes for athletes and/or volunteers?

All 6 junior sectioned network clubs are club marked. Doncaster AC has been re-accredited and Rotherham Harriers AC are currently in the re-accreditation process. All Clubs have access to each other's club mark policies which encourages club sharing of resources and time, enhancing the effects of the network. This has enabled clubs going through the re-accreditation process, to understand the detail of information required when re-submitting.

Doncaster AC has 3 volunteer coordinators within their club, and Barnsley AC has one, all the other clubs have tried to recruit a volunteer coordinator however have not had a great deal of success. The network has put a volunteer development workshop into their year 2 plan, which they may focus towards a volunteer coordinator.

The schools sub group developed a plan for 6 months to ensure a consistent approach across the network and to drive the development of athletics forward within schools. However, with the current change in school sport, it is unclear how this plan will proceed in the future academic year.

Doncaster AC has implemented an induction process for disabled athletes who wish to partake in athletics. This involves an athlete pack, an assessment, and athletes being guided to their training group and coach/es. Doncaster AC took the lead on the disability induction pack, and the induction pack has been provided to all network clubs, to encourage fully inclusive athletics clubs within South Yorkshire.

All track and field clubs have got an induction process which takes place for athletes, and all have an induction booklet/sheet which is given to athletes on



	<p>arrival.</p> <p>During club night visits by the network coordinator, each network club has completed a volunteer matrix, which allowed clubs to identifying strengths within the club and any gaps within the existing clubs structure, which need filling for the club to develop and be sustainable. This will allow the network to analyse which areas clubs are in need of volunteer recruitment, if there are any consistencies and to think about the recruitment opportunities available for the network such as the new sport maker's programme.</p> <p>Through the network, clubs have identified a clear vision on developing 'specific network training sessions' to develop the technically demanding event provision offered to athletes within South Yorkshire. As it is clear that clubs cannot cater effectively for all the event disciplines within athletics, and this will encourage network clubs to provide a higher quality of coaching across all of the athletics disciplines. The network has begun drafting up a document to take this vision one step closer to be piloted. The network has also identified High Jump as the discipline to be piloted.</p> <p>The network has identified Diana Stranger as disability mentor for the network. She will support clubs driving forward inclusivity for all and developing new training sessions. Diana also sits on the disability sub group of the network.</p> <p>The network has also began communicating with the Sheffield Academy of Young Leaders, who have provided volunteers for events, and who the network are currently discussing club volunteering opportunities with.</p> <p>The county sport partnership ran a valuing your volunteers workshop, which clubs across the network were able to access, and some did. All CSP CPD opportunities are passed on to the ADO to send out to the network.</p> <p>The Network delivered an Athletics 365 workshop which enabled clubs to see how the new resource and programme can be implemented into clubs, and how the junior club structures can be developed and changed.</p>	
<p>What percentage of clubs with juniors are using/have access to ATHLETICS 365 resources? 100%</p>	<p><input checked="" type="checkbox"/> 0 (none)</p> <p><input type="checkbox"/> Less than 25%</p> <p><input type="checkbox"/> 25% to 50%</p>	<p><input type="checkbox"/> 50% to 75%</p> <p><input type="checkbox"/> More than 75%</p> <p><input checked="" type="checkbox"/> 100% (All clubs with juniors)</p>
<p>What percentage of clubs with juniors are using/have access to QUADKIDS competition (outside of the school environment)? 0%</p>	<p><input type="checkbox"/> 0 (none)</p> <p><input type="checkbox"/> Less than 25%</p> <p><input type="checkbox"/> 25% to 50%</p>	<p><input type="checkbox"/> 50% to 75%</p> <p><input type="checkbox"/> More than 75%</p> <p><input type="checkbox"/> 100% (All clubs with juniors)</p>
<p>What percentage of clubs with juniors are using/have access to SPORTSHALL competition (outside of the school environment)? 100%</p>	<p><input type="checkbox"/> 0 (none)</p> <p><input type="checkbox"/> Less than 25%</p> <p><input type="checkbox"/> 25% to 50%</p>	<p><input type="checkbox"/> 50% to 75%</p> <p><input type="checkbox"/> More than 75%</p> <p><input checked="" type="checkbox"/> 100% (All clubs with juniors)</p>
<p>What percentage of clubs with juniors have a SCHOOL-CLUB link? 100%</p>	<p><input type="checkbox"/> 0 (none)</p> <p><input type="checkbox"/> Less than 25%</p> <p><input type="checkbox"/> 25% to 50%</p>	<p><input type="checkbox"/> 50% to 75%</p> <p><input type="checkbox"/> More than 75%</p> <p><input checked="" type="checkbox"/> 100% (All clubs with juniors)</p>
<p>What percentage of clubs with juniors have ACCREDITED CLUB STATUS (Clubmark)? (It is a condition of funding that all clubs in the Network with juniors must be accredited by 2012) 100%</p>	<p><input type="checkbox"/> 0 (none)</p> <p><input type="checkbox"/> Less than 25%</p> <p><input type="checkbox"/> 25% to 50%</p>	<p><input type="checkbox"/> 50% to 75%</p> <p><input type="checkbox"/> More than 75%</p> <p><input checked="" type="checkbox"/> 100% (All clubs with juniors)</p>



SECTION 4: Club Sharing**What have you delivered in the quarter you are reporting on in regards to the 'CLUB SHARING' Objectives.**

E.g. Has the Network got a sustainable structure that allows regular cross-club communication? Is this done through one central Network level meeting or through multiple sub-groups/focus groups in more specialised areas?

The South Yorkshire athletics network has multiple sub groups which feed directly into the overall network group. In this quarter the network launched its running sub group, to enable running clubs to be involved with the network, and begin to facilitate club sharing of knowledge, time and issues. The launch enabled a new club, Team Manvers Run to gain information, knowledge and support from other running clubs. Each sub group focus on a specialised area to enable the network to develop athletics across the county in various different ways.

Each subgroup has one club representative that attends the required meetings, these meetings run quarterly for each sub group, in line with the quarterly reporting periods. The disability sub group meets every quarter group has grown over the last couple of quarters, and now involves a representative from Hallamshire Harriers and Rotherham Harriers & AC, as well as the 4 borough disability development officers. This has enabled the disability provision to expand across the county.

The schools sub group meeting have not met due to the uncertainty of school sport. It is seen that when it becomes clearer who will be in what post, the network will arrange a school sub group meeting. The meeting will provide updates on school sport and how the network and clubs can link in with, discuss any issues, concerns or positive elements and provide feedback on their specialised area. The cessation of the SSPs has severely disrupted club / schools links effectiveness. However we now are establishing links with the newly appointed SGOs (Schools Games Organisers) and hope to get these links and the sub group working effectively from Sep 2011, when the SGOs take up their new role. The four local borough athletics development groups are also involved within the network, providing information on local needs/wants and on local impact. The network has been heavily involved (acting as the user representative for SY athletics) with the announcement that Woodbourn Road track is to close. The network has provided a unifying representative voice for the sport, and has launched an effective consultation and management process - now being led by the Sheffield Athletics Development Group."

After the coach sub group met in April they decided where and when each year 2 workshop would be ran and which club would be taking the lead on that particular workshop. Each club has taken a lead on a flying coach visit in year 1 and each club will take a lead on a workshop and/ or flying coach visit in year 2. On Thursday 23rd June the discus flying coach session took place at Dorothy Hyman Stadium. This session was delivered by a local NCDP coach and the 5 coaches that attended came from 3 of the 6 network clubs. The flying coach visits have been delivered throughout the county to enable coaches from the different boroughs to access them, and for the provision to be equal.

The network website fully up and running and it is available for clubs and coaches to share information, access information about the network and upcoming events, enable coaches to sign up to network ran courses/workshops and access resources from the network. It also provides meeting minutes, the quarterly reports, and meeting agendas, news items of the network and contact information.

The network had the second issue of its newsletter printed, which was distributed to all network clubs, partners, stakeholders, schools, facilities and more to showcase the news stories of the network. The newsletters will also enable the network to show potential new partners the success of what they may be investing into.

As well as having the newsletter produced, the network also had 1000 network volunteer posters printed. The posters are to promote the volunteering opportunities in all the clubs and they have been distributed at events, schools, workshops and to sport makers.

In this quarter the network finalised their year 2 plan in April, and through the sub group meetings club worked together to decide on running volunteer development workshops and club development workshops to develop specific weak areas within clubs e.g. welfare & club compliance.

Whilst finalising their year 2 plan, the network also submitted a bid to South Yorkshire Sport to run a sportivate project. After discussing the disciplines that clubs struggle to coach on a regular basis, the network proposed to bid for sportivate money to provide 4 projects (one in each borough) that will provide 6 weeks of 1 hour per week sessions on those specific disciplines e.g. high



jump, pole vault, heavy throws etc.

SECTION 5: Wider Partnerships

What have you delivered in the quarter you are reporting on in regards to the 'WIDER PARTNERSHIPS' Objectives?

E.g. What relationship/partnership do you have with the following organisations or bodies:

- County Sports Partnerships or local authorities
- School Sports Partnerships (PDMs, SSCOs, Competition Managers, Schools and teachers)
- Further Education (Colleges) or higher education (universities)
- Run in England
- QuadKids and/or Sportshall
- Others (specify - for example Trusts, sponsors, facility providers, Primary Care Trusts, businesses, other sporting clubs, press and media)

What form does this relationship take:

- written/verbal agreements
- representation at meetings/on committees
- informal communication
- other (please specify)

The SYAN has many active partnerships who communicate through the different specialised sub groups and via email communication, which directly feedback into the SYAN group meetings.

All partners have a representative at the most appropriate meeting for them to attend, and are involved in discussions within informal communication methods of emails. Some partners attend the local athletics development group meetings to feed their ideas in to the network through that channel of communication.

The Disability Sub Group meeting has the following partner representatives from: FDSO rep, 1 x DMBC rep, 2 x Doncaster AC reps and Chair of Doncaster Disability Sports, 1 x Rotherham Harriers rep, 1 x Hallamshire Harriers rep. This group has expanded to include two more club reps, enabling the networks disability provision and opportunities to be developed.

In the Network Group meetings there are partner representatives from: South Yorkshire Sport, a schools representative if available, as well as England Athletics reps and the network club representatives.

The running sub group launch had representatives from: SYCAA, Run England, SYAN, SY running club representatives, and both Sheffield University Representatives.

In this quarter a management steering group meeting has not took place, due to the change in CCSO.

The network development officer and chair met with Craig Blain to discuss the Run Sheffield pilot project, his role with the project and how the pilot projects are linked with the network.

After the network coordinator met with a Sheffield Hallam rep, they have been attending the Sheffield Athletics Development Group which focuses on local needs and wants and feeds in to the athletics network. They will also be present at the running sub group meeting as they organise to park runs within Sheffield and are looking to set up Run England groups.

The network has an excellent partnership with Run England at both strategic and working levels. The network is developing an on line map aid, with Run England to show locations of clubs, Run England groups, Park Runs / regular sessions, so that potential new and existing participants can locate their nearest club / run. This has enabled the LIRF course ran on the 26th of June to have 23 attendees on from across South Yorkshire, and is creating new Run England groups across the SY area, rather than the Sheffield area that was initially proposed.

Through running the fundamentals workshop and discus flying coach visit at Dorothy Hyman Stadium, a partnership has been formed to receive a low rate of hire for the network through the facilities manager. £30 is the rate at which the network can hire a classroom and parts of the track for, over a 3-5 hour period, which is considerably cheaper than other places.

Team Manvers Tri club have become accredited with EA and they have confirmed to be involved with the running sub group, and have offered their million pound venue free of charge for a couple of workshops. It is through this link, that they have launched a running club section to their club, which after 2 weeks had 40 new members.

South Yorkshire Sport and the network are currently working together to develop community volunteering placements within athletics clubs. All network clubs were on the step in to sport list, and will be working with the CSP to provide sport maker opportunities in network clubs for coaching, officiating, administration duties and on off event/ competition support.

To raise the profile of the network it was decided to produce a quarterly newsletter. The second issue of the newsletter has been distributed to all network clubs, partners, stakeholders, schools and more to showcase the news stories of the network. The network also has its own website that is accessible to all, where resources can be shared amongst the clubs and its coaches, and it may also provide some new routes for potential sponsorship.



The network Coordinator had a meeting with Active Regen who are looking to deliver athletics programmes initially in Rotherham, but then expand to cover all of SY. Active Regen contacted the network coordinator to see how they could link in with the network, and how the network may be able to support their programme e.g. using network clubs as exit routes.

SECTION 6: Growing and Sustaining Participation, and developing athlete performance (Excel)

What has been delivered in the period you are reporting on with respect to GROWING participation?

E.g. Has the Network as a whole or as individual clubs implemented the Run in England initiative, School-Club links, Star Track projects in the community, development of after-school/satellite 'clubs' or other initiatives targeted at specific sectors of the community or events (e.g. recruiting around a road race)?

Tell us about any increased numbers, whether in club membership or involvement in satellite groups or events (e.g. after-school or Run in England groups), to support your quarterly report.

In this quarter the network completed delivering a sport unlimited project, utilising two network coaches for the delivery. 30 students attended the sessions regularly, and all students were signposted to the network clubs through the distribution of the network posters.

Sheffield Hallam University currently organise a park run every Saturday which people must be a member for, they have currently 900 members, with weekly attendance between 200-300 people. They are also setting up another two across Sheffield through the Run Sheffield Group, which links in with the Running Sub Group.

Two new Run England groups have started within the network, one has been set up by Team Manvers in Rotherham and the other has been set up by Sheffield Running Club. Team Manvers have had 40 new runners to their sessions, with people turning out regularly. Sheffield Running Club has had around 20 new runners.

The network organised a LIRF course which 23 people completed, therefore there are 23 new qualified leaders within the South Yorkshire area, increasing the number of people who could develop new Run England groups.

The number of weekly RIE groups that take place by the clubs within the network or coordinated directly by network?

Rotherham Harriers AC runs 2
Team Manvers
Sheffield Running Club
Rotherham Walking Group

What has been delivered in the period you are reporting on with respect to SUSTAINING participation?

E.g. Development of club volunteers or coaches? Implementation of Athletics 365? Improved induction processes? Improved communication at club level? Greater dialogue with athletes on their needs? Increased diversity of events (training and competition) undertaken by those under the age of 17 (less narrow specialisation)? More social events/interaction?

The network has delivered 5 out of the 6 flying coach visits scheduled in year 1; it was due to the CCSO not being able to source an endurance flying coach that this has been delayed in implementation. The network are currently finalising the details of the endurance flying coach visit. By providing network coaches with flying coach sessions, it has enabled them to develop their knowledge and understanding across the specific disciplines that coaches are struggling with in South Yorkshire. It has also acted as CPD and a volunteer reward, which will ensure coach sustainability and retainment. The network has also delivered coach development workshops through the use of a youth development programme. The last workshop in this programme was delivered on Wednesday 29th June which was Children with Coordination Difficulties in Sport. The coach development programme has enabled SYAN coaches to access localised workshops designed to provide them with knowledge and support in the specific areas coaches have requested.

As a follow up to the athletics 365 workshop, the network purchased one coach pack per athletics club with a junior section within South Yorkshire (7). After calculating the underspend for year 1, the group agreed to purchase an additional 2 coach packs per club, as they had been very popular amongst coaches, and on pack was difficult to share around.

All clubs have an induction process for athletes, and an induction pack which is given to athletes on their arrival. All clubs now have access to the disability induction pack that Doncaster AC produced. The network clubs also have access to a parent induction pack template that they can adapt to the needs of their individual club, aiming to welcome parents into the club as well as the athlete.

The network is using email communication to coaches at club level through the information gained via the coach audit; this enables coaches to be directly contacted about CPD opportunities, which will support sustaining both coaches and athletes within athletics for longer. By having the sub groups, it has enabled the network to have different club representatives being involved with the networks delivery, providing support across all disciplines within athletics and a having a successful framework to sustain the network beyond year 3.

All clubs with junior sections across South Yorkshire have been provided with 3 athletics 365 coach packs, and had the opportunity to attend the athletics 365 workshop. By providing the clubs with the coach pack resources, it has enabled the clubs to begin implementing the athletics 365 programme into their coaching session enabling the coach to develop a whole round athlete.

What has been delivered in the period you are reporting on with respect to DEVELOPING ATHLETE PERFORMANCE (Excel)?

E.g. Implementation of more appropriate local level competition (including Sportshall, QuadKids, Super8)? Utilisation of Athletics 365 resource? Regular support and development of athletes' coaches?



<p>Tell us about any trends or improvements in Power of 10 to support your quarterly report.</p>	<p>Coaches have also been able to access workshops and flying coach visits ran by the network, these have been taking place at varying venues, days and times so enable all coaches to access at least one. All workshops have been offered as CPD opportunities which can be added onto the coaches licenses once attended.</p> <p>The network completed the sport unlimited project within this quarter, enabling 30 students to train with EIS Sheffield over an 8 week period. All students were sign posted to their local clubs through the use of network posters.</p> <p>In this quarter the network put a bid into South Yorkshire sport to run a sportivate project which enables participants to try athletics events that schools and clubs may not be able to cater for e.g. those that require specialist equipment or coaches. All participants will be signposted to their nearest club and if they attend 5 out of the 6 sessions will receive a waterproof jacket as an incentive.</p>
<p>What is your estimate of the number of people from OUTSIDE of your clubs' membership (new to the sport) who are benefiting from your Network for this reporting period? E.g. after-school clubs, School-Club link, Run in England, Star Track, or any other out-reach project. (Please give answer in numerals)</p>	<p>112</p>
<p>What is your estimate of the number of ATHLETES from within your clubs' membership who are benefiting from your Network for this reporting period? (Please answer in numerals)</p>	<p>1527</p>
<p>What is your estimate of the number of COACHES across your clubs' who are benefiting from your Network for this reporting period? (Please answer in numerals)</p>	<p>215</p>

SECTION 7: Sustainability and Financial Reporting

<p>For period you are reporting on what has the Network implemented or developed to ensure the Network and Clubs become sustainable? E.g. fundraising, sponsorship, increased membership revenue, increased revenue from competition provision, rationalisation to reduce costs (travel, competition, venue hire, etc), income from provision of services/activities/goods, or other non-sporting/social revenue streams.</p>	<p>The network submitted a sportivate bid into their CSP to run 4 projects within Sportivate's first year. The network applied for £3784, and has had the projects agreed in principle through South Yorkshire Sport, and is just waiting for the final approval from Sport England.</p> <p>The network has also developed a new partnership with Dorothy Hyman Stadium who allow the network to run workshops at their venue for £30, reducing the costs of the network considerably.</p> <p>The network is continuing renting out the two gantries for £50 each per day, and these have been to varying places across the country.</p> <p>The network also gained £40 from running a children with coordination difficulties workshop by opening it up and gaining external people onto the course.</p>
<p>With regards to the England Athletics funding contributed to the Network (funded from Sport England, McCain and affiliation/registration revenue) is your spending consistent with your profiled spend agreed within your Network plan. Please identify any variations.</p>	<p>The finance spent to date is in line with the networks profiled spending.</p> <p>The actual money spent to date has been on:</p> <p>The Network Launch: £243.25 The recruitment of the ADO: £750.00 The ADO Wage: £10,465.00 Sports Coach UK Training Disabled Athletes Workshop: £300.00 SYSport Management: £2000.00 Venue Hire & Refreshments: £591.24 Storage Container: £1550.00 Publicity/ Marketing (Posters & Newsletters): £640.00 Workshop Resources: £311.76 7 Athletics 365 Coach Packs : £249.95 Course Marking Equipment: £493.66 Workshop Tutors: £459.20 Coach Bursaries: £1383.00 Sport Unlimited Coaching: £400.00</p> <p>Totalling: 19,837.06</p> <p>The committed spend, that is currently being processed by Barnsley MBC to be paid has been on: ADO Wage: £7535.00 Workshop Tutors: £375.76</p>



<p>Publicity/Marketing (Posters & Newsletters): £828.00 Team Manager Mileage: £36.00 Website: £372.00 Disadvantaged Athletics Project: £250.00 Container Racking: £142.00 Coach Education Bursaries: £617.00 Start/Finish Banners: £493.96 PA Equipment: £112.99 Weather-proof Clipboards: £594.90 Indoor Coaches Clipboards: £378.00 Venue Hire: £113.95</p> <p>Totalling: £11,849.56</p> <p>The total spend (once all the committed has been cleared) is: £31,686.62</p> <p>The network underwent a budget review in the April meeting, to reassess the finance on current spend, predicted spend, and any under spend to that date. The network then re-allocated money saved to new or existing projects, to enhance the impact of the network.</p>

SECTION 8A: Coach Education

Here we will ask you to forecast your demand for coach education courses over the coming 12 months so that England Athletics can work to ensure the appropriate courses are available wherever possible. There are two planning periods and two delivery periods in each coach education delivery Year (1st April-31st March)

SUMMER PROGRAMME: PLANNING PERIOD NOVEMBER TO MID-JANUARY/ DELIVERY PERIOD 1ST APRIL – 30TH SEPTEMBER

WINTER PROGRAMME: PLANNING PERIOD MAY TO MID-JULY/ DELIVERY PERIOD 1ST OCTOBER – 31ST MARCH

If you are submitting information for the Summer delivery period, please complete the information below as part of the **July-September report** 31st October deadline. If you are submitting information for the Winter delivery period, please complete the information below as part of the **January – March report** 30th April deadline.

IF YOU ARE SUBMITTING A JANUARY OR JULY REPORT, THEN PLEASE ENTER '0' IN EACH BOX.

Please indicate the number of places your network has identified for each of the following courses. Please note we have limited ability to adjust availability for this period but will endeavour to do so where possible. Please give your answer in numerals. If you do not require any courses please write "0" in the relevant box.

Athletics Leader	0
Leadership in Running Fitness	0
Coaching Assistant	0
Athletics Coach	0
Running Coach	0
Children's Coach	0

SECTION 8B: Coach Education

Closed Course Request

You can request a closed course if you have a large number of candidates looking to undertake an award at any one time. Closed courses will not be advertised on the England Athletics Website. You can also suggest dates and venues for the course to ensure that it fits your local need identified through your local coach audits. All terms and conditions are available on request from your area Coach Education Coordinator.

To request a closed course you must have the following number of candidates confirmed:

- Athletics Leader: 8-24
- Leadership in Running Fitness: 12-24
- Coaching Assistant: 12-18
- Athletics Coach/Running Coach/Children's Coach: 12-16

By requesting a closed course please be aware that there are no guarantees that it will be possible to deliver the requested course and that you are confirming that you agree to the England Athletics Closed Course Terms and Conditions.

Please outline your request for the following Closed Courses. Your Education Co-ordinator will then be in touch with you to find out more information on the course you require and then can consider the feasibility of running a course in your McCain Athletics Network area. If you do not require any closed courses please click next at the bottom of this page to complete your reporting. England Athletics will endeavour to provide courses required whether closed or open for your Network in line with identified need.

Athletics Leader - Closed Course Please state number of candidates you are requesting a closed course for	0 – We have decided not to hold any closed courses in the first instance, due to the initial payment up front, and the potential for coaches to drop out.
Leadership in Running Fitness - Closed Course Please state number of candidates you are requesting a closed course for	0 – We have organised one of these courses with Debbie to be ran in our region, with 23 people booked on to it.
Coaching Assistant - Closed Course Please state number of candidates you are requesting a closed course for	0 – We have decided not to hold any closed courses in the first instance, due to the initial payment up front, and the potential for coaches to drop out.
Athletics Coach/Running Coach/Children's Coach-	0 – We have decided not to hold any closed courses in the first instance, due



Closed Course

Please state:

- Whether it is Athletics, Running or Children's Coach course you require
- Number of candidates you are requesting a closed course for

to the initial payment up front, and the potential for coaches to drop out.

Next Steps

Please submit online at www.englandathletics.org/man-reporting

Deadline	Period
31st July	1 st April – 30 th June
31st October	1 st July – 30 th Sept
31st January	1 st Oct – 31 Dec
30th April	1 Jan – 31 st March

Should you have any queries with any of this reporting document, please speak to your assigned area Club & Coach Support Officer

