

McCain Athletics Networks

Reporting Template



SECTION 1: Network Details

Reporting Period	1 st Oct – 31 Dec
Name of Athletics Networks	South Yorkshire Athletics Network
Number of clubs involved/benefitting from the work of the Network.	6
Name of Network Chair/primary volunteer contact	Steve Gaines
Email address for chair/primary volunteer contact	SandJGAINES@aol.com
Name of Network coordinator/activator (if applicable)	Ashley Little
Email address of Network coordinator/activator (if applicable)	Ashley.little@sysport.co.uk
Please confirm role of person completing this form	Network Development Officer
* If you answered 'NOT Coordinator or Chair' in Q8 please give your name here	
* If you answered 'NOT Coordinator or Chair' in Q8 please give your role within the Network here	
* If you answered 'NOT Coordinator or Chair' in Q8 please give your email address here	

SECTION 2: Coaching

What have you delivered in the quarter you are reporting on in regards to the 'COACHING Objective'.
E.g. Do you have a strategic coaching sub-group? Do you have a mentoring/buddying scheme? Do you have coaching delivery forums/workshops for specific event groups or disciplines?

The Coaching Sub group have met once within the last quarter, after selecting the chosen 6 disciplines, the group then prioritised the flying coach sessions. Steeplechase and Hurdles were the essential sessions to be ran. The steeplechase was booked for Thursday 2nd of December with 7 coaches booked on; however it was cancelled due to the terrible snow in South Yorkshire. The session is currently being re-arranged for an evening in January.

A Coach Development Day was arranged for Saturday 4th December, which had three workshops; a coach education workshop ran by Debbie Beresford to explain the new system and to clarify any queries or problems coaches are having, a personal development planning session in which coaches decide on 3 coaching goals to achieve within the next 12months which the network can support them in achieving by allocating some bursaries or organising specifically demanded workshops. The third workshop is strength and conditioning workshop ran by Pete McKnight, who will provide coaches with generic exercises and session plans to be used with/without equipment ad in any location (track/field/hall). There were 15 coaches booked on to the day, however due to the terrible snowy weather; the day had to be postponed, with all coaches understanding. The day is now being held on Saturday 22nd January 2011, with all 15 coaches re-booked on, and an additional 2 coaches after 1 day's publicity.

Doncaster AC has started a young coach mentoring scheme agreed between the Club and Danum Secondary School. At present there are 52 students on the scheme. Doncaster AC Coaches have also been training local Primary school teachers in how to use sports hall athletics equipment.

The first Youth Development Workshop has been agreed and scheduled for Tuesday 4th January. It is a positive behaviour management workshop ran by Sports coach UK, being held at Herringthorpe stadium, at present we have 9 coaches booked on.

The network clubs, network development officer and the local CCSO worked together on conducting and completing a network coach audit to access the needs, wants and gaps through club night visits. From the information collated at the club night visits and the upcoming coach development day, the coach sub group will then plan the upcoming workshop and events to be held in the future months.

Over the life of the Network what impact has the work of the Network in relation to COACHING had upon the clubs?
E.g. Does each club have a lead coach/coaching coordinator? Have the

Each club within the network has a dedicated coaching coordinator who attends the coaching sub group bi-monthly meetings. The clubs now have coaching co-ordinators and communication to coaches is now much improved.



clubs within the Network implemented/update their coaching structure? Has there been a perceived improvement in the standard of coaching within the clubs? Have the clubs been able to recruit more coaches or retain coaches for longer as a result of the Network?

By conducting a network coach audit, it has allowed a database of coaches to be developed, in which the network development officer can directly contact coaches regarding upcoming personal development opportunities, which has allowed a consistent and concise approach on behalf of the network.

The network clubs have completed a coach matrix, enabling them to analyse their coaching structure, and identify any gaps within their structure. This will enable the network to develop club sharing of coaches and to allow the network to recruit new coaches.

Through the young coach mentoring scheme, Doncaster AC are recruiting and retaining more coaches for longer.

SECTION 3: Club Structures

What have you delivered in the quarter you are reporting on in regards to the 'CLUB STRUCTURES Objectives'.

E.g. Do you have a Strategic Club sub-group (or similar)? Do you have a separate Volunteer Coordinator sub-group (or similar)? Have you run sessions/workshops on Clubmark? Have you run sessions/workshops on Community links? Have you run sessions/workshops on Whole Club Development? Have you run sessions/workshops on Club Structures? Are recruiting and developing Club Volunteers?

All clubs now have a coaching coordinator who acts as the clubs representative at the sub group meetings. This allows club coaches to directly influence the direction of workshops and seminars which the network will host.

All clubs are club marked and therefore no workshop is required on club mark. Doncaster AC has been successfully reaccredited, with Rotherham being the reaccreditation process. Doncaster AC has allowed network clubs access to their club mark folder, to develop club sharing practises.

The network also has a Schools Competition Sub Group which feeds directly into the network meetings to provide a consistent competition framework and direct pathways into local clubs. Within this quarter, a school sub group plan has been developed, specifying who is involved with the group, the aims and objectives of the sub group, the key priorities of the group over the next 6 months, who is responsible for each of the priorities and the competitions to be held over the next 8 months. This has allowed the group to directly focus on these key areas, to drive the schools competitions forward and produce more exit pathways for each of the competitions.

During club night visits, each network club has completed a volunteer matrix, which has allowed the club to identifying strengths within the club and any gaps within the clubs structure, which need filling. This will allow the network to analyse which clubs are in need of volunteer recruitment, and to begin the recruitment process.

Over the life of the Network what impact has the work of the Network in relation to CLUB STRUCTURES had upon the clubs?

E.g. Do clubs have:
 - a volunteer coordinator?
 - Clubmark?
 - Development and/or Business plans?
 - Clearly articulated vision?
 Have clubs updated or implemented induction processes for athletes and/or volunteers?

All 6 network clubs are club marked. Doncaster AC is has been re-accredited and Rotherham Harriers AC are currently beginning the re-accreditation process. All Clubs have access to each others club mark policies which encourages club sharing of resources and time.

The schools sub group have developed a plan for the next 6 months to ensure a consistent approach across the network and to drive the development of athletics forward within schools.

Doncaster AC has implemented an induction process for disabled athletes who wish to partake in athletics. This involves an athlete pack, an assessment, and athletes being guided to there training group and coach/es. Doncaster AC have taken the lead on the disability induction pack, and now the vision of progressing the induction process into each of the network clubs, to encourage fully inclusive athletics clubs within South Yorkshire has begun. The network is currently seeking printing quotes, for the athlete induction packs.

Through the network, clubs have identified a clear vision on developing 'specific network training sessions' to develop the technically demanding event provision offered to athletes within South Yorkshire. This will encourage network clubs to provide a higher quality of coaching across all of the athletics disciplines.

The network has identified Diana Stranger as disability mentor for the network. She will support clubs driving forward inclusivity for all and developing new training sessions.

What percentage of clubs with juniors are using/have access to ATHLETICS 365 resources? Less than 25%



Athletics Networks

<p>What percentage of clubs with juniors are using/have access to QUADKIDS competition (outside of the school environment)? 0%</p>	<input type="checkbox"/> 0 (none) <input type="checkbox"/> Less than 25% <input type="checkbox"/> 25% to 50%	<input type="checkbox"/> 50% to 75% <input type="checkbox"/> More than 75% <input type="checkbox"/> 100% (All clubs with juniors)
<p>What percentage of clubs with juniors are using/have access to SPORTSHALL competition (outside of the school environment)? 100%</p>	<input type="checkbox"/> 0 (none) <input type="checkbox"/> Less than 25% <input type="checkbox"/> 25% to 50%	<input type="checkbox"/> 50% to 75% <input type="checkbox"/> More than 75% <input type="checkbox"/> 100% (All clubs with juniors)
<p>What percentage of clubs with juniors have a SCHOOL-CLUB link? 100%</p>	<input type="checkbox"/> 0 (none) <input type="checkbox"/> Less than 25% <input type="checkbox"/> 25% to 50%	<input type="checkbox"/> 50% to 75% <input type="checkbox"/> More than 75% <input type="checkbox"/> 100% (All clubs with juniors)
<p>What percentage of clubs with juniors have ACCREDITED CLUB STATUS (Clubmark)? (It is a condition of funding that all clubs in the Network with juniors must be accredited by 2012) 100%</p>	<input type="checkbox"/> 0 (none) <input type="checkbox"/> Less than 25% <input type="checkbox"/> 25% to 50%	<input type="checkbox"/> 50% to 75% <input type="checkbox"/> More than 75% <input type="checkbox"/> 100% (All clubs with juniors)

SECTION 4: Club Sharing

What have you delivered in the quarter you are reporting on in regards to the 'CLUB SHARING' Objectives.

E.g. Has the Network got a sustainable structure that allows regular cross-club communication? Is this done through one central Network level meeting or through multiple sub-groups/focus groups in more specialised areas?

The South Yorkshire network has multiple sub groups who focus on specialised areas such as; coaching, disability and schools competition. Each subgroup has once representative that attends the Bi monthly network meetings, to update, discuss and provide feedback on their specialised area. The four local borough athletics development groups are also involved within the network, providing information on local needs/wants and on local impact. This will enable the network to provide specific sport within the different boroughs of South Yorkshire, ensuring the provision offered by the network is relevant.

Doncaster AC have taken the lead on the disability induction pack, and now the vision of progressing the induction process into each of the network clubs, to encourage fully inclusive athletics clubs within South Yorkshire has begun. The network is currently seeking printing quotes, for the athlete induction packs. All Clubs have access to each others club mark policies which encourages club sharing of resources and time.

Clubs have jointly decided on which club training venues to use for the flying coach visits, enabling a geographical spread for coaches as well as using key training areas e.g. the EIS Sheffield.

The network is currently having a website designed to allow clubs to share information and access resources from the network.

The network is also in the process of having its first newsletter printed, which will enable all network partners & stakeholders to see news stories of the network as well as show potential new partners the success of what they may be investing into.

SECTION 5: Wider Partnerships

What have you delivered in the quarter you are reporting on in regards to the 'WIDER PARTNERSHIPS' Objectives?

E.g. What relationship/partnership do you have with the following organisations or bodies:
 - County Sports Partnerships or local authorities
 - School Sports Partnerships (PDMs, SSCOs, Competition Managers, Schools and teachers)
 - Further Education (Colleges) or higher education (universities)
 - Run in England
 - QuadKids and/or Sportshall
 - Others (specify - for example Trusts, sponsors, facility providers, Primary Care Trusts, businesses, other sporting clubs, press and media)
 What form does this relationship take:

The SYAN has many active partnerships who communicate through the focussed sub groups, which directly feedback into the SYAN group meetings. All partners have a representative at meetings, and are involved in discussions within informal communication methods of emails.

In the Schools Sub Group meetings we have partner representatives from: 1 Senior Competition Manager, 4 Competition Managers, PDM rep, South Yorkshire Schools Rep, Quad Kids, Sports hall Associates, Sheffield Federation of School Sport and Network Club reps.

In the Disability Sub Group meetings we have partner representatives from: EFDS rep, 1 x DMBC rep, 2 x Doncaster AC reps and Chair of Doncaster



- written/verbal agreements
- representation at meetings/on committees
- informal communication
- other (please specify)

Disability Sports.

In the Network Group meetings we have partner representatives from: South Yorkshire Sport, Competition Managers, PDM's, as well as England Athletics reps and the network club representatives.

Rotherham Harriers & AC in partnership with the Rotherham Schools, organised and ran the Rotherham Schools Cross Country Championships. Almost 1000 schools athletes attended the event, and the issue of club invites to the high placed non club members. 10 invited athletes attended an induction session at Rotherham Harriers & AC the following week.

Through the schools sub group, the Aviva UKA Academy Sports hall Awards South Yorkshire Pentathlon had 13 schools attend with 173 children taking part. The SY Fun in Athletics trials will be taking place on Saturday 15th January, working in partnership with the school and coach sub groups.

The network development officer and the local area CCSO met with the local Run in Britain coordinator to discuss how to develop Run in Britain within South Yorkshire. The network is currently looking at developing a road running sub group.

The network development officer arranged a meeting with a Sheffield Hallam university rep, in which they discussed the next steps in developing and enhancing the partnership between the university and the network. The rep is looking to attend the next SYAN meeting.

During the organisation of the coach development day, a new partnership between the network and a local school was formed. Newfield School and the Property & Facilities Management Service of Sheffield City Council are providing their facilities for free for the network to host any of the workshops/conferences.

Wales high school is another new developing partnership, as the network are looking at developing a volunteering scheme with the school, which will support the continuing recruitment of new volunteers to the network clubs and network ran events.

South Yorkshire Sport and the network are currently working together to develop community volunteering placements within athletics clubs, and are looking to begin the implementation after the new year.

The network is also in the process of having its first newsletter printed, which will enable all network partners & stakeholders to see news stories of the network as well as show potential new partners the success of what they may be investing into. (www.syanet.co.uk)

SECTION 6: Growing and Sustaining Participation, and developing athlete performance (Excel)

What has been delivered in the period you are reporting on with respect to GROWING participation?

E.g. Has the Network as a whole or as individual clubs implemented the Run in England initiative, School-Club links, Star Track projects in the community, development of after-school/satellite 'clubs' or other initiatives targeted at specific sectors of the community or events (e.g. recruiting around a road race)?

Tell us about any increased numbers, whether in club membership or involvement in satellite groups or events (e.g. after-school or Run in England groups), to support your quarterly report.

The number of weekly RIE groups that take place by the clubs within the network or coordinated directly by network?

What has been delivered in the period you are reporting on with respect to SUSTAINING participation?

E.g. Development of club volunteers or coaches? Implementation of Athletics 365? Improved induction processes? Improved communication at club level? Greater dialogue with athletes on their needs? Increased diversity of events (training and competition) undertaken by those under the age of 17 (less narrow specialisation)? More social events/interaction?

Rotherham Harriers & AC in partnership with the Rotherham Schools, organised and ran the Rotherham Schools Cross Country Championships. Almost 1000 schools athletes attended the event, and the issue of club invites to the high placed non club members. 10 invited athletes attended an induction session at Rotherham Harriers & AC the following week.

Sheffield Hallam University currently organise a park run every Saturday which people must be a member for, they have currently 900 members, with weekly attendance between 200-300 people.

The network has been approached by a SSCO in Rotherham to develop a satellite after school club. The network and school are currently in talks, and are looking at the implementation of the satellite club after the February half term.

Rotherham Harriers AC currently runs 2 beginner running sessions per week.

Network Flying Coach visits have been chosen (Steeplechase, Hurdles, Triple Jump, Middle Distance, High Jump and throws). With the Steeplechase to be held in January after being re-scheduled. The six disciplines were chosen as a result of decreased knowledge within the above events. By providing network coaches with flying coach sessions, it enables them to develop their knowledge and understanding across the whole of athletics, and will act as CPD and volunteer rewards, which will ensure coach sustainability and retainment.

Volunteer development workshops are in the process of being developed. The



	<p>first will be through a volunteer coordinator day, to provide support and knowledge to the newly appointed members of the requirements of club volunteers and the support available.</p> <p>Doncaster AC have taken the lead on the disability induction pack, and now the vision of progressing the induction process into each of the network clubs, to encourage fully inclusive athletics clubs within South Yorkshire has begun. The network is currently seeking printing quotes, for the athlete induction packs. All Clubs have access to each others club mark policies which encourages club sharing of resources and time.</p> <p>The network has created greater communication to coaches at club level through the coach audit; this enables coaches to be directly contacted about CPD opportunities, which will support sustaining athletes within athletics.</p>
<p>What has been delivered in the period you are reporting on with respect to DEVELOPING ATHLETE PERFORMANCE (Excel)? E.g. Implementation of more appropriate local level competition (including Sportshall, QuadKids, Super8)? Utilisation of Athletics 365 resource? Regular support and development of athletes' coaches? Tell us about any trends or improvements in Power of 10 to support your quarterly report.</p>	<p>The Schools Competition Sub group have implemented a consistent competition framework throughout each borough of South Yorkshire, ensuring there is a consistent regional approach. Within the schools sub group plan, a competition calendar has been developed to allow no cross over of competitions to occur.</p> <p>The Fun in Athletics SY trials have been organised to take place on the 15th of January, providing an opportunity for club athletes to compete against local and regional athletes.</p>
<p>What is your estimate of the number of people from OUTSIDE of your clubs' membership (new to the sport) who are benefiting from your Network for this reporting period? E.g. after-school clubs, School-Club link, Run in England, Star Track, or any other out-reach project. (Please give answer in numerals)</p>	2076
<p>What is your estimate of the number of ATHLETES from within your clubs' membership who are benefiting from your Network for this reporting period? (Please answer in numerals)</p>	877 – Junior Members
<p>What is your estimate of the number of COACHES across your clubs' who are benefiting from your Network for this reporting period? (Please answer in numerals)</p>	147

SECTION 7: Sustainability and Financial Reporting

<p>For period you are reporting on what has the Network implemented or developed to ensure the Network and Clubs become sustainable? E.g. fundraising, sponsorship, increased membership revenue, increased revenue from competition provision, rationalisation to reduce costs (travel, competition, venue hire, etc), income from provision of services/activities/goods, or other non-sporting/social revenue streams.</p>	<p>The network is to run 2 sport unlimited projects, using network coaches for the sessions, and signpost them to the network clubs. There is £800 available to the network to provide this.</p> <p>The network is also charging £2 per athlete at the Fun in Athletics trials, to provide some income and reduce the cost of holding the event.</p>
<p>With regards to the England Athletics funding contributed to the Network (funded from Sport England, McCain and affiliation/registration revenue) is your spending consistent with your profiled spend agreed within your Network plan. Please identify any variations.</p>	<p>The finance spent to date is in line with the networks profiled spending.</p> <p>The money spent to date has been on: The Network Launch: £243.25 The recruitment of the ADO: £750 The ADO Wage: £3395.26 Sports Coach UK Training Disabled Athletes Workshop: £300 SYSport Management: £2000 Totalling: £6,688.51</p> <p>The network has undergone a budget review, to reassess the finance given to proposed projects and re-allocate money saved to new or existing projects.</p>

SECTION 8A: Coach Education

Here we will ask you to forecast your demand for coach education courses over the coming 12 months so that England Athletics can work to ensure the appropriate courses are available wherever possible.

There are two planning periods and two delivery periods in each coach education delivery Year (1st April-31st March)

SUMMER PROGRAMME: PLANNING PERIOD NOVEMBER TO MID-JANUARY/ DELIVERY PERIOD 1ST APRIL – 30TH SEPTEMBER

WINTER PROGRAMME: PLANNING PERIOD MAY TO MID-JULY/ DELIVERY PERIOD 1ST OCTOBER – 31ST MARCH

If you are submitting information for the Summer delivery period, please complete the information below as part of the **July-September report** 31st October deadline
If you are submitting information for the Winter delivery period, please complete the information below as part of the **January – March report** 30th April deadline.

IF YOU ARE SUBMITTING A JANUARY OR JULY REPORT, THEN PLEASE ENTER '0' IN EACH BOX.

Please indicate the number of places your network has identified for each of the following courses Please note we have limited ability to adjust availability for this period but will endeavour to do so where possible.

Please give your answer in numerals. If you do not require any courses please write "0" in the relevant box.



Athletics Networks

Athletics Leader	0
Leadership in Running Fitness	0
Coaching Assistant	0
Athletics Coach	0
Running Coach	0
Children's Coach	0

SECTION 8B: Coach Education

Closed Course Request

You can request a closed course if you have a large number of candidates looking to undertake an award at any one time. Closed courses will not be advertised on the England Athletics Website. You can also suggest dates and venues for the course to ensure that it fits your local need identified through your local coach audits. All terms and conditions are available on request from your area Coach Education Coordinator.

To request a closed course you must have the following number of candidates confirmed:

- Athletics Leader: 8-24
- Leadership in Running Fitness: 12-24
- Coaching Assistant: 12-18
- Athletics Coach/Running Coach/Children's Coach: 12-16

By requesting a closed course please be aware that there are no guarantees that it will be possible to deliver the requested course and that you are confirming that you agree to the England Athletics Closed Course Terms and Conditions.

Please outline your request for the following Closed Courses. Your Education Co-ordinator will then be in touch with you to find out more information on the course you require and then can consider the feasibility of running a course in your McCain Athletics Network area.

If you do not require any closed courses please click next at the bottom of this page to complete your reporting.

England Athletics will endeavour to provide courses required whether closed or open for your Network in line with identified need.

Athletics Leader - Closed Course Please state number of candidates you are requesting a closed course for	0 – We have decided not to hold any closed courses in the first instance, due to the initial payment up front, and the potential for coaches to drop out.
Leadership in Running Fitness - Closed Course Please state number of candidates you are requesting a closed course for	0 – We have decided not to hold any closed courses in the first instance, due to the initial payment up front, and the potential for coaches to drop out.
Coaching Assistant - Closed Course Please state number of candidates you are requesting a closed course for	0 – We have decided not to hold any closed courses in the first instance, due to the initial payment up front, and the potential for coaches to drop out.
Athletics Coach/Running Coach/Children's Coach - Closed Course Please state: - Whether it is Athletics, Running or Children's Coach course you require - Number of candidates you are requesting a closed course for	0 – We have decided not to hold any closed courses in the first instance, due to the initial payment up front, and the potential for coaches to drop out.

Next Steps

Please submit online at www.englandathletics.org/man-reporting

Deadline	Period
31st July	1 st April – 30 th June
31st October	1 st July – 30 th Sept
31st January	1 st Oct – 31 Dec
30th April	1 Jan – 31 st March

Should you have any queries with any of this reporting document, please speak to your assigned area Club & Coach Support Officer

