

# McCain Athletics Networks

## Reporting Template



### SECTION 1: Network Details

Reporting Period	1 <sup>st</sup> January – 31 <sup>st</sup> March 2012
Name of Athletics Networks	South Yorkshire Athletics Network
Number of clubs involved/benefitting from the work of the Network.	10
Name of Network Chair/primary volunteer contact	Steve Gaines
Email address for chair/primary volunteer contact	SandJGAINES@aol.com
Name of Network coordinator/activator (if applicable)	Ashley Little
Email address of Network coordinator/activator (if applicable)	Ashley.little@sysport.co.uk
Please confirm role of person completing this form	Network Development Officer
* If you answered 'NOT Coordinator or Chair' in Q8 please give your name here	
* If you answered 'NOT Coordinator or Chair' in Q8 please give your role within the Network here	
* If you answered 'NOT Coordinator or Chair' in Q8 please give your email address here	

### SECTION 2: Coaching

#### What have you delivered in the quarter you are reporting on in regards to the 'COACHING Objective'.

E.g. Do you have a strategic coaching sub-group? Do you have a mentoring/buddying scheme? Do you have coaching delivery forums/workshops for specific event groups or disciplines?

The Coaching Sub group met twice in the last 3 months. The meetings focussed on what coach development had been provided for in year 2, and what the sub group would like to focus on in year 3, and developing their section of the plan.

The network high jump training sessions are continuing on after leading on from the sportivate sessions the previous year. Clubs have fed back that a few athletes are attending this training session allowing them to gain training in a specific discipline that they wouldn't have been able to access before. The session is still open to coaches to attend, to gain some coach mentoring. Currently there are athletes attending the session from Hallamshire, Wombwell, Rotherham & Barnsley.

In this quarter the network organised an athletics 365 coaches forum to take place on the 16<sup>th</sup> of April, this provided coaches the opportunity to come and discuss how implementing athletics 365 in their club is going, and discuss with other coaches about their experiences. There were 7 coaches in attendance, which allowed for a good discussion and questions to be asked between the different club coaches. The 3<sup>rd</sup> workshop which was focusing on the implementation/ delivery in clubs was due to take place on the 17<sup>th</sup> of May, however feedback from the forum was that coaches would like time to implement their programme in their own clubs, and have a 2<sup>nd</sup> coaches' forum sometime in September.

In the last quarter the network approved becoming an affiliate of coach web on the coachingsysport system. In the year 2 plan the network had money allocated to coach mentoring log books, as a more sustainable method for the network instead of paper log books, coach web was suggested by South Yorkshire Sport. After discussions took place at the coach sub group meeting and with coaches who are already on coach web, the network meeting approved becoming an affiliate. In the first 3 months, the network affiliate has 41 coaches on it, without the clubs being offered the 121 support to their coaches for signing up to the session.

The network have organised a visual awareness course in partnership with Action for Blind People which took place in May. This allowed coaches to be up-skilled in how to coach athletes with limited visual awareness, there were 9 coaches in attendance who thoroughly enjoyed the course.

Network coaches were approached to support in the delivery of the Pop Up Arena project which took place the week commencing 18<sup>th</sup> of June in Sheffield. There were 6 network coaches involved in the delivery as well as 4 officials. The week of pop up arena allowed for a hurdles flying coach visit to take place on the venue, which had 6 coaches and 10 athletes involved. The project also



**Over the life of the Network what impact has the work of the Network in relation to COACHING had upon the clubs?**

E.g. Does each club have a lead coach/coaching coordinator? Have the clubs within the Network implemented/update their coaching structure? Has there been a perceived improvement in the standard of coaching within the clubs? Have the clubs been able to recruit more coaches or retain coaches for longer as a result of the Network?

allowed for 5 training hurdles to be bought which were used during the session and were given to Wombwell SAC to support their club in coaching hurdles. The network also arranged for 14 athletics coaches from within the network to gain their emergency response with sports injuries qualification, which was organised through the county sports partnership.

Each track and field club within the network meeting group has a dedicated coaching coordinator who attends the coaching sub group quarterly meetings as well as communicating via email and telephone in between the meetings and catch ups with the network coordinator. The clubs coaching co-ordinators have contact details to communicate to their coaches which has made it easier to pass on CPD opportunities, as well as the network coordinator having a SYAN coach database & distribution list to enable direct contact with coaches regarding upcoming opportunities, support and provision. Each of these coaching coordinators takes ownership of at least one of the workshops in the coach development section of the plan, and works with their club and the network coordinator to organise and plan the workshop. The coaching coordinator is going to be the person who is directing coaches to sign up to coach web and supporting the coaches in using it as a resource to gain the maximum out of it.

Whilst the network coach audit, allowed a database of coaches to be developed, in which the network coordinator can directly contact coaches regarding upcoming personal development opportunities by both the network, England Athletics, the CSP and other networks, which allowed a consistent and concise approach on behalf of athletics. The network is now becoming an affiliate of coach web which the database of coaches will be transferring to. It will prevent coaches being overrun with opportunities and emails stating the same events. As well as allowing the database to keep growing and being updated and links being made with coaches in other sports. This will allow the coach database to be sustainable and accessed by the network when/if the coordinator post is no longer available.

In year one the network clubs all completed a coach matrix, enabling them to analyse their coaching structure, and identify any gaps within their structure. Heading into year 2 the network is looking at supporting clubs implement athletics 365 and how they can implement this within their clubs with the support of the CCSO. During year two the clubs will recomplete a coach matrix to see how their structure has changed, and if any network training sessions can or have overcome specific coach discipline gaps. All clubs with juniors have been provided with three athletics 365 coach packs, so clubs can begin to look at their current coaching structure, and begin implementing the programme either within their current structure, or how they can adapt into a new structure. The network has also used some underspend to purchase some technical cards and game bank resources as an additional resource to coaches in clubs.

Through the coach development workshops and flying coach visits, coaches have been up-skilled in particular event disciplines, and have shown a considerable perceived improvement at their club. 31% of coaches within the network attended 2 or more of the networks workshops in year 1, showing how coaches bought in to the network concept, and were seeking development opportunities. In year 2, there have been 38 different coaches attending any of the coach days or the Plyometrics workshop.

On Saturday 24<sup>th</sup> of September, SYAN coaches supported the annual Action for Blind people Athletics event. 10 coaches from across the county and 6 young leaders helped coach on this event, providing the athletes with the opportunity to try new athletics events. The event saw over 100 visually impaired and blind children have the opportunity to complete 6 different athletics events at EIS, Sheffield, with all being measured to show their performances. The coaches and young leaders also attended a visual awareness course on Friday 23<sup>rd</sup> for September which was put on for free through Action for Blind People, to provide some information and knowledge to coaches prior to the day.

The network delivered 4 sportivate projects in 2011, with sessions taking place in each borough of SY focussing on events that schools can't cater for such as throwing, high jump, hurdles etc. The project provided 8 coaches the opportunity to work with new athletes and existing club athletes which can't access that specific training. Over the 6 week programme the sessions had 27 athletes attend 5 out of the 6 sessions. In December 2011 the network submitted a sportivate bid in the second year of the programme. This was compiled by the network club reps and the coach sub group reps and submitted by the network chair. Unfortunately the application was unsuccessful.

The network have got high jump, hurdles and throws network wide training



sessions available to athletes, bridging the gap of provision in a particular borough.

The Plyometrics workshop took place on the 26<sup>th</sup> of January 2012 at EIS Sheffield, 20 people attended the workshop with people paying either £5 or £10 for the course depending on whether they were a network member. Feedback from this course was extremely positive, and spoke highly of the content which was delivered.

The coach sub group arranged 3 athletics 365 workshops and two coaches' forums to take place throughout 2012 as part of their year 2 plan. The first two athletics 365 workshops were organised in conjunction with the two coach days that were also in the plan. The first coaches' day took place on the 26<sup>th</sup> of February. The day covered fundamentals and athletics 365 with 16 coaches from across the county covering all 6 junior sectioned clubs attending. The second coaches' day took place on the 24<sup>th</sup> of March which focussed on learning disabilities for the morning session and then covered athletics 365 in the afternoon session, which followed on from the previous athletics 365 workshop – after lots of promotion only 4 coaches attended this day unfortunately, so the coach sub group are looking into why this was the case, and driving forward people attending the remaining athletics 365 support.

On the 7<sup>th</sup> of March, An Evening with... Bud Baldaro took place at EIS, Sheffield. This had been organised through the running sub group and provided 24 people the opportunity to meet Bud, listen to Bud present, and then have the opportunity to ask questions. A lot of positive feedback has been given from this evening.

## SECTION 3: Club Structures

### What have you delivered in the quarter you are reporting on in regards to the 'CLUB STRUCTURES Objectives'.

E.g. Do you have a Strategic Club sub-group (or similar)? Do you have a separate Volunteer Coordinator sub-group (or similar)? Have you run sessions/workshops on Clubmark? Have you run sessions/workshops on Community links? Have you run sessions/workshops on Whole Club Development? Have you run sessions/workshops on Club Structures? Are recruiting and developing Club Volunteers?

All 6 track and field clubs have a coaching coordinator who represents each of the clubs at the coach sub group meetings which meet quarterly. This allows club coaches to directly influence the direction of workshops, seminars, coach development days etc. which the network will organise and host. The coaching coordinators communicate information from coaches into the network group, and also feed information down from the network group to the club coaches. It provides an effective communication pathway to publicise upcoming workshops, courses and any other opportunities. The coaching sub group have also been seeking for a system to be able to communicate and engaging coaches, and was happy when the network approved the affiliate to coach web.

During this quarter the 6 running club representatives from the running sub group were offered invitations to join the main network group. All accepted this offer. The other clubs in south Yorkshire had invites to the network group as well; however no other clubs took up the invite, and have been seen as not particularly keen on fully engaging with the network.

The network has begun discussions with local councils on defining routes and signage numbers for a 3-2-1 route in each borough. A club in each borough is taking the lead on arranging this; the Rotherham route is all agreed and is waiting for the ordering of the signs, with the three other boroughs at the discussion stages.

All track and field clubs are club marked or are re-submitting and therefore no workshop is required on junior sectioned club mark at the moment as the CCSO is providing one to one support.

The network arranged 3 athletics 365 workshops with two of these being delivered in the previous quarter and an athletics 365 forum being delivered in this quarter. There were 7 coaches in attendance, which allowed for a good discussion and questions to be asked between the different club coaches on how each club is implementing the programme and how it is being structured in each of the clubs and any problems/issues faced.

The network had agreed to look at which volunteer development workshops to run, which would provide support. The CCSO then informed the group of the EA club conference in May where the topics which SYAN were going to cover, will be being delivered. At the network meeting it was raised that the date conflicts with a South Yorkshire T&F league meeting, which may affect attendance. The network decided to give a 2 week deadline for clubs to get back on what workshops they would like running for their volunteers. The most popular workshops were first aid and safeguarding and protecting children. The first aid course was organised for the 14<sup>th</sup> of June, and the network were awaiting approval of the year 2 budget reallocation prior to arranging the safeguarding workshop. 14 athletics coaches attended the first



	<p>aid course, and were from a range of clubs across South Yorkshire.</p> <p>As part of the pop up arena event, the network ran an under 11s quad kids event, where 40 under 11s from across the network clubs took part in 4 events. The competition ran very well, and both children, officials and parents enjoyed the event, and provided clubs with an insight into the quad kids format and provide informal competitions for their under 11s.</p>
<p><b>Over the life of the Network what impact has the work of the Network in relation to CLUB STRUCTURES had upon the clubs?</b></p> <p>E.g. Do clubs have:</p> <ul style="list-style-type: none"> <li>- a volunteer coordinator?</li> <li>- Clubmark?</li> <li>- Development and/or Business plans?</li> <li>- Clearly articulated vision?</li> </ul> <p>Have clubs updated or implemented induction processes for athletes and/or volunteers?</p>	<p>All 6 track and field clubs have a coaching coordinator who represents each of the clubs at the coach sub group meetings which meet quarterly. This allows club coaches to directly influence the direction of workshops, seminars, coach development days etc. which the network will organise and host. The coaching coordinators communicate information from coaches into the network group, and also feed information down from the network group to the club coaches. It provides an effective communication pathway to publicise upcoming workshops, courses and any other opportunities.</p> <p>Doncaster AC has 3 active volunteer coordinators within their club, and Barnsley AC has one, the remaining track and field clubs have tried to recruit a volunteer coordinator however have not had a great deal of success. In the networks year 2, the clubs will look over the recruitment of a volunteer coordinator in line with implementing the athletics 365 structure.</p> <p>Doncaster AC has implemented an induction process for disabled athletes who wish to partake in athletics. This involves an athlete pack, an assessment, and athletes being guided to their training group and coach/es. Doncaster AC took the lead on the disability induction pack, and the induction pack has been provided to all network clubs, to encourage fully inclusive athletics clubs within South Yorkshire. Hallamshire Harriers &amp; Rotherham Harriers &amp; AC are both providing inclusive sessions for disabled athletes, and linking with Shelley Holroyd for the CAAD &amp; DfE funding that has become available.</p> <p>All track and field clubs have got an induction process which takes place for athletes, and all have an induction booklet/sheet which is given to athletes on arrival, and access to a template for inducting parents into the club too. The network coordinator is working with the engaged running sub groups clubs to create induction packs. A template has been designed and issued to all running clubs in the county.</p> <p>During the networks first year, each network club has completed a volunteer matrix, which allowed clubs to identifying strengths within the club and any gaps within the existing clubs structure, which need filling for the club to develop and be sustainable. Network clubs will complete the volunteer matrix again in year 2 to see if the club structures have changed and if the people doing the roles have changed, and to identify any gaps. It will allow the network to see if there are any consistencies and to think about the recruitment opportunities available for the network such as the new sport maker's programme.</p> <p>Clubs have identified a clear vision on developing 'specific network training sessions' to develop the technically demanding event provision offered to athletes within South Yorkshire. It is clear that clubs cannot cater effectively for all the event disciplines within athletics, and this will encourage network clubs to provide a higher quality of coaching across all of the athletics disciplines. The network identified High Jump and hurdles as the two main disciplines to be begin the network training sessions. High jump training sessions are taking place on a Friday nights at EIS, and are open to any SY club athlete. Hurdles training is taking place on Wednesday nights at Don Valley and are also open to any SY club athlete. The network also identified throws as a discipline, which was discussed at the coach sub group, where Rotherham Harriers &amp; AC opened up their throws training sessions to athletes from within SY, as well as stating that Herringthorpe is a public venue and can be accessed by ay coach, if facilities are the limiting factor.</p> <p>The network has identified Diana Stranger as disability mentor for the network. She has supported clubs and coaches driving forward inclusivity for all and developing new training sessions. Diana also sits on the disability sub group of the network, and was involved with the action for blind athletics event in September 2011.</p> <p>The network also communicates with the Sheffield Academy of Young Leaders, who have provided volunteers for events, and who the network are currently discussing club volunteering opportunities through individual club reps. The network also has a partnership with Wales High School for young leaders supporting events that the network or clubs may be running.</p> <p>The Network delivered an initial Athletics 365 workshop in February 2011</p>



	<p>which enabled clubs to see how the new resource and programme can be implemented into clubs, and how the junior club structures can be developed and changed. The network also purchased coach packs for the junior sectioned clubs in their year one, to enable club coaches to begin understanding and implementing the programme. So far in year two the network has arranged and delivered 2 athletics 365 workshops and has one coaching forum booked to take place in April. These provided support and information to clubs and coaches on how to begin fully implementing the programme in clubs and how the structure of their clubs will change. The network are going to drip feed the changes to the clubs gradually, starting with implementing the programme with one group of athletes, but having the whole club supporting and up skilled.</p> <p>The network has begun looking at setting up a 3-2-1 route in each borough. A club in each borough will be taking the lead on arranging this; the Rotherham route is all agreed and is awaiting the ordering of the signs, with the three other boroughs at the discussion stages. In October 2011, the running sub group ran a Club Compliance evening where club reps went through the whole club plan, and discussed each clubs positive areas, and areas to improve upon, and gained knowledge from different clubs.</p> <p>On the 11<sup>th</sup> of March, after demand had been raised, SYAN along with SYCAA organised a level 2 official's course at Dorothy Hyman. 15 officials were trained on the 11<sup>th</sup> of March, 12 from South Yorkshire, these have been added to the SYCAA officials database, and will be engaged and contacted for network wide competitions and events.</p> <p>On Wednesday 28<sup>th</sup> of March, SYAN jointly organised the Run Leaders evening along with the Run England Coordinator. This allowed for the run leaders to receive the high visibility vests and training log books, that have been provided by the network to engage the beginner runners, and develop the links between the run England groups and the clubs in the network.</p>	
<p>What percentage of clubs with juniors are using/have access to ATHLETICS 365 resources? <b>100%</b></p>	<p><input checked="" type="checkbox"/> 0 (none)</p> <p><input type="checkbox"/> Less than 25%</p> <p><input type="checkbox"/> 25% to 50%</p>	<p><input type="checkbox"/> 50% to 75%</p> <p><input type="checkbox"/> More than 75%</p> <p><input checked="" type="checkbox"/> 100% (All clubs with juniors)</p>
<p>What percentage of clubs with juniors are using/have access to QUADKIDS competition (outside of the school environment)? <b>100%</b></p>	<p><input checked="" type="checkbox"/> 0 (none)</p> <p><input type="checkbox"/> Less than 25%</p> <p><input type="checkbox"/> 25% to 50%</p>	<p><input type="checkbox"/> 50% to 75%</p> <p><input type="checkbox"/> More than 75%</p> <p><input checked="" type="checkbox"/> 100% (All clubs with juniors)</p>
<p>What percentage of clubs with juniors are using/have access to SPORTSHALL competition (outside of the school environment)? <b>100%</b></p>	<p><input checked="" type="checkbox"/> 0 (none)</p> <p><input type="checkbox"/> Less than 25%</p> <p><input type="checkbox"/> 25% to 50%</p>	<p><input type="checkbox"/> 50% to 75%</p> <p><input type="checkbox"/> More than 75%</p> <p><input checked="" type="checkbox"/> 100% (All clubs with juniors)</p>
<p>What percentage of clubs with juniors have a SCHOOL-CLUB link? <b>100%</b></p>	<p><input checked="" type="checkbox"/> 0 (none)</p> <p><input type="checkbox"/> Less than 25%</p> <p><input type="checkbox"/> 25% to 50%</p>	<p><input type="checkbox"/> 50% to 75%</p> <p><input type="checkbox"/> More than 75%</p> <p><input checked="" type="checkbox"/> 100% (All clubs with juniors)</p>
<p>What percentage of clubs with juniors have ACCREDITED CLUB STATUS (Clubmark)? (It is a condition of funding that all clubs in the Network with juniors must be accredited by 2012) <b>50%-75%</b></p>	<p><input type="checkbox"/> 0 (none)</p> <p><input type="checkbox"/> Less than 25%</p> <p><input checked="" type="checkbox"/> 25% to 50%</p>	<p><input type="checkbox"/> 50% to 75%</p> <p><input checked="" type="checkbox"/> More than 75%</p> <p><input type="checkbox"/> 100% (All clubs with juniors)</p>

## SECTION 4: Club Sharing



## What have you delivered in the quarter you are reporting on in regards to the 'CLUB SHARING' Objectives.

E.g. Has the Network got a sustainable structure that allows regular cross-club communication? Is this done through one central Network level meeting or through multiple sub-groups/focus groups in more specialised areas?

The South Yorkshire athletics network has multiple sub groups which feed directly into the overall network group. In this quarter the coach development, and disability sub group and network meeting group have met. The sub groups focus on a specialised area to enable the network to develop athletics across the county in various different ways whilst engaging more than one rep from each club. Each sub group has developed their own section of the year 2 plan in which they are leading on. Each sub group has its own chair, who takes the lead of the sub group and driving their section of the plan forward. Due to poor attendance at the running sub group meeting in March, the network agreed to invite the engaged running clubs to the network meeting group as members, as a more sustainable method for the network. These running clubs were invited during the AGM in June, and 5 clubs accepted the invite.

The network is still in discussions with the school games organisers to regain the connections with the schools which were previously working well through the schools sub group prior to the restructure of school sport.

The four local borough athletics development groups are also involved within the network, providing information on local needs/wants and on local impact which is fed directly back into the network meeting group via the club reps for that borough.

Each club actively involved in the network has elected to take the lead on a specific project within the year 2 plan, whether this is a workshop or officials database or disability star track. All clubs are sharing their club mark files and resources to support clubs currently re-submitting. All clubs will be taking a lead on one or two of the year 3 projects, and are looking at how the networks structure will be sustainable post year 3.

The networks website is fully up and running and is available and accessible for clubs, coaches, volunteer, parents & athletes to share information, access information about the network and upcoming events, to enable coaches to sign up to network courses/workshops, access resources from the network, and use as a sustainability option for continuing provision without a coordinator. To date there have been over 4400 views of the website, with numbers increasing rapidly. The website provides meeting minutes, the quarterly reports, and meeting agendas, news items of the network and contact information. As well as the opportunity for clubs information to be uploaded for sharing.

The network has had its fifth issue of its newsletter completed, which is currently being arranged to be emailed out, rather than printing hard copies to provide a more sustainable method for showcasing the networks good news stories and good practises. The newsletter is distributed to all network clubs, partners, stakeholders, schools, facilities and more to showcase the news stories of the network.

The athletics 365 forum delivered in this quarter allowed 7 coaches into have a good discussion and questions to be asked between the different club coaches on how each club is implementing the programme and how it is being structured in each of the clubs and any problems/issues faced.

After setting up two network wide training sessions in previous quarters for high jump and hurdles. A request came in for a throws training session. The request has come from a lack of throwing facilities within Sheffield. At the coaching sub group meeting, Rotherham Harriers said their coaches would be happy to open up their training sessions to athletes of other SY clubs, but also stated that the track is a public venue so coaches from other clubs can also come and use the venue for their training sessions. This message has now been communicated back to all clubs.

All track & field clubs have either gained club mark accreditation or are currently re-submitting for accreditation. All clubs within the network are sharing their own accreditation files with other clubs as best practise methods & support to ensure all clubs gain accreditation.

## SECTION 5: Wider Partnerships

### What have you delivered in the quarter you are reporting on in regards to the 'WIDER PARTNERSHIPS' Objectives?

E.g. What relationship/partnership do you have with the following organisations or bodies:

- County Sports Partnerships or local authorities
- School Sports Partnerships (PDMs, SSCOs, Competition Managers, Schools and teachers)
- Further Education (Colleges) or higher education (universities)

The SYAN has many active partnerships that are involved with the networks delivery and developments through the different sub groups, telephone communication and email communication, which is directly feedback into the SYAN group meetings. All partners have a representative at the most appropriate meeting for them to attend, and are involved in discussions through informal communication by emails. Some partners attend the local athletics development group meetings to feed their ideas in to the network through that channel of communication.



- Run in England
  - QuadKids and/or Sportshall
  - Others (specify - for example Trusts, sponsors, facility providers, Primary Care Trusts, businesses, other sporting clubs, press and media)
- What form does this relationship take:
- written/verbal agreements
  - representation at meetings/on committees
  - informal communication
  - other (please specify)

In the Network Group meetings there are partner representatives from: South Yorkshire Sport, as well as England Athletics reps and the 12 network club representatives.

The Disability Sub Group meeting has the following partner representatives from: SY Sport Equity officer, 4 borough disability development officers & 1 x Doncaster AC rep. This group is linking in with the SY disability action group to enable maximum impact. The meetings are being held an hour before the SY disability action group to ensure all people attend, and are focussed on driving forward athletics.

The running sub group has representatives from: SYCAA, Run England, SYAN, SY running club representatives, and both Sheffield University Representatives. However, after low attendance at the last meeting held towards the end of March, the network meeting sent invites out to the engaged clubs to attend the network meeting group and become full members, as a more sustainable method of continuing the engagement of clubs, and cost effectiveness through meeting room hire, the 5 active running clubs accepted. The other running clubs in South Yorkshire did not respond to the network invite.

The networks partnership with Dorothy Hyman stadiums facilities manager is growing; £30 is the rate at which the network can hire a classroom and parts of the track for, over a 3-5 hour period, which is considerably cheaper than other places. The network are utilising this venue more regularly due to the cost effectiveness. Over this quarter SYAN & Dorothy Hyman Sport Centre have formalised a venue agreement, which states the prices the centre will charge the network for various events, and what the network will do in return for the low rates. This agreement is for January 2012-December 2013. The agreement will be reviewed towards November 2013.

South Yorkshire Sport and the network are currently working together to develop community volunteering placements within athletics clubs. All network clubs have been directed to the CSP to provide sport maker opportunities in network clubs for coaching, officiating, administration duties and on off event/competition support. The network in this quarter also began talks with Sheffield Hallam university to arrange student internships, the discussions are in their infancy.

To raise the profile of the network it was decided to produce a quarterly newsletter. The fifth issue of the newsletter has been designed & is about to be distributed to all network clubs, partners, stakeholders, schools and more to showcase the news stories of the network. The network also has its own website that is accessible to all, where resources can be shared amongst the clubs and its coaches.

The network was a partner in the pop up arena project that took place in Sheffield in June. The involvement was from the partnerships the network has between England athletics and South Yorkshire Sport.

## SECTION 6: Growing and Sustaining Participation, and developing athlete performance (Excel)

### What has been delivered in the period you are reporting on with respect to GROWING participation?

E.g. Has the Network as a whole or as individual clubs implemented the Run in England initiative, School-Club links, Star Track projects in the community, development of after-school/satellite 'clubs' or other initiatives targeted at specific sectors of the community or events (e.g. recruiting around a road race)?

Tell us about any increased numbers, whether in club membership or involvement in satellite groups or events (e.g. after-school or Run in England groups), to support your quarterly report.

In this quarter clubs have been working towards the under 11s quad kids event held at the pop up arena venue.

Sheffield Hallam University currently organise a park run every Saturday wear people must sign up to park run as a member to have their races logged and to receive their timing chips, they are currently looking at increasing the number of members using their run, with weekly attendance almost achieving its maximum number.

Five Run in England groups are running which are linked in to network clubs, one has been set up by Team Manvers in Rotherham, a Rotherham Walking group and the other has been set up by Sheffield Running Club. The running sub group and the Run Sheffield management group are working on linking the other 5-6 run England groups within SY into the running sub group, and exit routes with clubs. The network is also looking at developing the proposed 3-2-1 routes across the four boroughs, with the one in Rotherham almost at the installation stage, and the Barnsley routes being selected.

The number of weekly RIE groups that take place by the clubs within the network or coordinated directly by network?

Rotherham Harriers AC runs 2  
Team Manvers  
Sheffield Running Club  
Rotherham Walking Group  
Wombwell



<p><b>What has been delivered in the period you are reporting on with respect to SUSTAINING participation?</b> E.g. Development of club volunteers or coaches? Implementation of Athletics 365? Improved induction processes? Improved communication at club level? Greater dialogue with athletes on their needs? Increased diversity of events (training and competition) undertaken by those under the age of 17 (less narrow specialisation)? More social events/interaction?</p>	<p>All clubs have an induction process for athletes, and an induction pack which is given to athletes on their arrival. All clubs now have access to the disability induction pack that Doncaster AC produced. The network clubs also have access to a parent induction pack template that they can adapt to the needs of their individual club, aiming to welcome parents into the club as well as the athlete. Throughout year 2, the clubs are going to begin implementing Athletics 365 and begin looking at how their club structures will change by implementing this programme.</p> <p>As a follow up to the athletics 365 workshop, the network purchased some technical cards and game bank resources for the network clubs earlier in year 2, so that coaches have access to a range of resources to implement athletics 365. 7 coaches attended a coaches forum in May which allowed for good discussions and questions to be asked between the different club coaches on how each club is implementing the programme and how it is being structured in each of the clubs and any problems/issues faced.</p> <p>The network is using coachweb to communicate with coaches at club level; this enables coaches to be directly contacted about CPD opportunities or only from the network but by the local CCSO, CSP and other networks. This will provide a sustainable option for communicating with coaches and allows the coaches to track their CPD and seek for CPD as well as much more.</p> <p>Having the different sub groups within the network has enabled different club representatives being involved with the networks delivery, providing support across all disciplines within athletics and a having a successful framework to sustain the network beyond year 3.</p>
<p><b>What has been delivered in the period you are reporting on with respect to DEVELOPING ATHLETE PERFORMANCE (Excel)?</b> E.g. Implementation of more appropriate local level competition (including Sportshall, QuadKids, Super8)? Utilisation of Athletics 365 resource? Regular support and development of athletes' coaches? Tell us about any trends or improvements in Power of 10 to support your quarterly report.</p>	<p>All clubs with junior sections across South Yorkshire have been provided with 3 athletics 365 coach packs, and had the opportunity to attend the athletics 365 workshops and coach forum. By providing the clubs with the coach pack resources, it has enabled the clubs to begin looking at implementing the athletics 365 programme into their coaching session enabling the coach to develop a whole round athlete. The network have purchased some technical cards and game bank resources and have just put an order in for an athletics 365 equipment bag for each track &amp; field club implementing the programme.</p> <p>As part of the pop up arena event, the network ran an under 11s quad kids event, where 40 under 11s from across the network clubs took part in 4 events. The competition ran very well, and both children, officials and parents enjoyed the event, and provided clubs with an insight into the quad kids format and provide informal competitions for their under 11s. This is something the network will look at repeating next year.</p>
<p><b>What is your estimate of the number of people from OUTSIDE of your clubs' membership (new to the sport) who are benefiting from your Network for this reporting period?</b> E.g. after-school clubs, School-Club link, Run in England, Star Track, or any other out-reach project. (Please give answer in numerals)</p>	<p>100</p>
<p><b>What is your estimate of the number of ATHLETES from within your clubs' membership who are benefiting from your Network for this reporting period?</b> (Please answer in numerals)</p>	<p>1037</p>
<p><b>What is your estimate of the number of COACHES across your clubs' who are benefiting from your Network for this reporting period?</b> (Please answer in numerals)</p>	<p>215</p>

## SECTION 7: Sustainability and Financial Reporting

<p><b>For period you are reporting on what has the Network implemented or developed to ensure the Network and Clubs become sustainable?</b> E.g. fundraising, sponsorship, increased membership revenue, increased revenue from competition provision, rationalisation to reduce costs (travel, competition, venue hire, etc), income from provision of services/activities/goods, or other non-sporting/social revenue streams.</p>	<p>The network is continuing to rent out the two gantries for £50 each per day and has also designed a brochure which will be emailed out and have hard copies printed to showcase the range of event equipment the network have to offer for hire. The gantries have been to varying places across the country and have provided the network with an income of £900 for the rental of the gantries. Whilst this is not a large amount of income, it is a sustainable source, and has the capacity to be developed to ensure a constant stream of income.</p> <p>The network has also begun charging a minimal fee of £5 for SYAN club coaches and £10 for non SYAN coaches on their workshops, to create some income, and begin enabling the workshops to be sustainable. The network has taken in £260 to date.</p> <p>The Management group are beginning to look at external funding sources, and</p>
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	<p>begin planning for year 3 sustainability and beyond. The group are beginning to collate examples from neighbouring networks to see what may be adopted for the SYAN. As part of this over this quarter SYAN &amp; Dorothy Hyman Sport Centre have formalised a venue agreement, which states the prices the centre will charge the network for various events, and what the network will do in return for the low rates. This agreement is for January 2012-December 2013. The agreement will be reviewed towards November 2013.</p> <p>The network has also began talks with Sheffield Hallam regarding internships.</p>
<p><b>With regards to the England Athletics funding contributed to the Network (funded from Sport England, McCain and affiliation/registration revenue) is your spending consistent with your profiled spend agreed within your Network plan.</b> Please identify any variations.</p>	<p>The actual money spent from the year 2 plan to date: (12<sup>th</sup> July 2012):</p> <p>The ADO Employment: £10,818.30          SY Sport Management Fee: £2000          Quarterly Newsletter: £268          Plyometrics Workshop Tutor &amp; Venue: £250          Athletics 365 Programme: £451.80          High Visibility Vests: £408          Run England Log Books: £303          Committee Member Jackets: £253          Coach Development Days: £125          Injury Prevention Tutor Running Specific: £120          Psychology Workshop Tutor &amp; Venue: £250          Injury Prevention Tutor: £50          Coordinator CPD: £400          Session Planning Tutor &amp; Venue: £250          Coach Web affiliate skin: £500          Run England 3-2-1 route: £250          Visual Awareness Course: £540</p> <p>The current expenditure committed and currently being processed is:          Athletics 365 Game Bank Resources &amp; Technical Cards: £756          Disability Seminar: £250          Athletics 365 Equipment Bags: £1134          Injury Prevention Venue: £55          Equipment Brochure: £103</p> <p>Totalling: £19,535.10</p>

## SECTION 8A: Coach Education

Here we will ask you to forecast your demand for coach education courses over the coming 12 months so that England Athletics can work to ensure the appropriate courses are available wherever possible. There are two planning periods and two delivery periods in each coach education delivery Year (1<sup>st</sup> April-31<sup>st</sup> March)

**SUMMER PROGRAMME:** PLANNING PERIOD NOVEMBER TO MID-JANUARY/ DELIVERY PERIOD 1<sup>ST</sup> APRIL – 30<sup>TH</sup> SEPTEMBER

**WINTER PROGRAMME:** PLANNING PERIOD MAY TO MID-JULY/ DELIVERY PERIOD 1<sup>ST</sup> OCTOBER – 31<sup>ST</sup> MARCH

If you are submitting information for the Summer delivery period, please complete the information below as part of the **July-September report** 31<sup>st</sup> October deadline. If you are submitting information for the Winter delivery period, please complete the information below as part of the **January – March report** 30<sup>th</sup> April deadline.

**IF YOU ARE SUBMITTING A JANUARY OR JULY REPORT, THEN PLEASE ENTER '0' IN EACH BOX.**

Please indicate the number of places your network has identified for each of the following courses. Please note we have limited ability to adjust availability for this period but will endeavour to do so where possible. Please give your answer in numerals. If you do not require any courses please write "0" in the relevant box.

<b>Athletics Leader</b>	0
<b>Leadership in Running Fitness</b>	0
<b>Coaching Assistant</b>	0
<b>Athletics Coach</b>	0
<b>Running Coach</b>	0
<b>Children's Coach</b>	0

## SECTION 8B: Coach Education

### Closed Course Request

You can request a closed course if you have a large number of candidates looking to undertake an award at any one time. Closed courses will not be advertised on the England Athletics Website. You can also suggest dates and venues for the course to ensure that it fits your local need identified through your local coach audits. All terms and conditions are available on request from your area Coach Education Coordinator.

To request a closed course you must have the following number of candidates confirmed:

- Athletics Leader: 8-24
- Leadership in Running Fitness: 12-24



## Athletics Networks

- Coaching Assistant: 12-18
- Athletics Coach/Running Coach/Children's Coach: 12-16

By requesting a closed course please be aware that there are no guarantees that it will be possible to deliver the requested course and that you are confirming that you agree to the England Athletics Closed Course Terms and Conditions.

Please outline your request for the following Closed Courses. Your Education Co-ordinator will then be in touch with you to find out more information on the course you require and then can consider the feasibility of running a course in your McCain Athletics Network area. If you do not require any closed courses please click next at the bottom of this page to complete your reporting. England Athletics will endeavour to provide courses required whether closed or open for your Network in line with identified need.

<b>Athletics Leader - Closed Course</b> Please state number of candidates you are requesting a closed course for	0
<b>Leadership in Running Fitness - Closed Course</b> Please state number of candidates you are requesting a closed course for	0
<b>Coaching Assistant - Closed Course</b> Please state number of candidates you are requesting a closed course for	0
<b>Athletics Coach/Running Coach/Children's Coach-Closed Course</b> Please state: - Whether it is Athletics, Running or Children's Coach course your require - Number of candidates you are requesting a closed course for	0

## Next Steps

Please submit online at [www.englandathletics.org/man-reporting](http://www.englandathletics.org/man-reporting)

Deadline	Period
31st July	1 <sup>st</sup> April – 30 <sup>th</sup> June
31st October	1 <sup>st</sup> July – 30 <sup>th</sup> Sept
31st January	1 <sup>st</sup> Oct – 31 Dec
30th April	1 Jan – 31 <sup>st</sup> March

Should you have any queries with any of this reporting document, please speak to your assigned area Club & Coach Support Officer

